

FORSYTH COUNTY SCHOOLS

Yellow highlights indicate GLUTEN-FREE option available. Speak with your cafeteria manager about receiving this option.



•Spaghetti w/ Meatballs & Meatless Sauce	•Nachos w/ Cheese** & Meat	•Bosco Cheese-Stuffed Breadsticks w/ Fresh-made Marinara**	•Pizza Wedge (Cheese or Pepperoni)	•Stuffed-Crust Pizza (Cheese or Pepperoni)
	•Mini Corn Dogs	•Brookwood BBQ (Gluten-Free Bun available)		
•Buffalo Chicken Wrap (Ham & Cheese on GF bun available)	•Turkey & Cheese Roll-up	•Yogurt/Muffin Munchable**		



•Spaghetti w/ Meatballs & Meatless Sauce	•Nachos w/ Cheese** & Meat	•Bosco Cheese-Stuffed Breadsticks w/Fresh-Made Marinara	•Pizza Wedge (Cheese or Pepperoni)	•Stuffed-Crust Pizza (Cheese or Pepperoni)
•Empanadas Chicken Enchiladas	•Mini Corn Dogs	•Brookwood BBQ Sandwich (Gluten-Free Bun available)	•Breaded Chicken (Drumstick or Thigh) w/ WG Roll	•Country-fried Beef Sticks
•Buffalo Chicken Wrap (Ham & Cheese on GF bun available)	•Turkey & Cheese Wrap	•Yogurt/Muffin Munchable**		
Salad Meal w/ Crackers or Flatbread				
•Chef Salad w/Turkey	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Chef Salad w/Ham	
•Smuckers PB&J, Chz stick & Cheez It** meal available daily				
•Gold Creek Chicken Sandwich (Grilled Chicken Breast Filet & Gluten-Free Bun available)	•Nachos w/ Cheese** & Meat	•Hot Dog on WG Bun (Gluten-Free Bun available)	•Cheeseburger or Hamburger (Gluten-Free Bun available)	•Steak Parmesan Sub (Gluten-Free Bun available)
•Brd Mozz Cheese Sticks w/ Fresh-made Marinara**	•Quesadilla Pizza **	•Lasagna Roll-up** w/ Garlic Breadstick	•Chicken & Waffles	•Pizza Wedge (Cheese or Pepperoni)
•Ham or Turkey & Cheese WG Sub (Gluten-Free Bun available)	•Buffalo Chicken Wrap	•Buffalo Chicken Wrap	•Ham & Cheese Wrap (Gluten-Free Bread available)	
Salad Meal w/ Crackers or Flatbread				
•VeggieSalad	•Taco Salad /•Veggie Salad	•Chef Salad w/Turkey	•Buffalo Chicken Salad	
•Smuckers PB&J Chz stick, Cheez It** meal available daily				
•Tyson Popcorn Chicken served w/ WG Roll	•Nachos w/ Cheese** & Meat	•Mini Corn Dogs	•Breaded Chicken (Drumstick or Thigh) w/ WG Roll	•Asian Chicken Rice Bowl w/ Spring Roll
•Buffalo Chicken Tenders w/ WG Roll	•Calzone w/Cheese** or Pepperoni	•Mini Chicken Sliders	•Beef Sticks w/ Gravy & WG Roll	
•Ham or Turkey & Cheese WG Sub (Gluten-Free Bun available)	•Buffalo Chicken Wrap (Ham&Cheese, GF bun available)	•Yogurt/Muffin Munchable** (Turkey&Cheese GF bun available)	•Ham & Cheese Roll-Up (Gluten-Free Bun available)	w/ Fresh-made Marinara
Salad Meal w/ Crackers or Flatbread				
•California Chicken Salad	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Buffalo Chicken Salad	
		w/Fresh-Made Marinara	•Pizza Wedge (Cheese or Pepperoni)	
	•Mini Corn Dogs	•Brookwood BBQ Sandwich (Gluten-Free Bun available)	•Breaded Chicken (Drumstick or Thigh) w/ WG Roll	
•Buffalo Chicken Wrap (Ham & Cheese on GF bun available)	•Turkey & Cheese Wrap	•Yogurt/Muffin Munchable**		
Salad Meal w/ Crackers or Flatbread				
•Chef Salad w/Turkey	•Taco Salad /•Veggie Salad	•Chef Salad w/Ham	•Chef Salad w/Ham	